

## REPORT

### Senior School Sports Day '24

Our Senior School's annual Sports Day was filled with enthusiasm and spirit as students from Grades 9 to 12 gathered to showcase their athletic abilities in the track events. This year, the day began with a solemn yet motivating pledge, led by our Sports Captain. With all athletes standing in unison, they pledged to uphold the values of sportsmanship, dedication, and perseverance. This collective promise set the tone for a day of fierce yet respectful competition.

The first event, the **100m dash**, kicked off with excitement as athletes dashed down the track, putting their speed and training to the test. Both boys and girls from each grade pushed themselves to their limits, with the crowd cheering them on. Personal bests were broken, and the competitive energy on the field was electrifying.

Next came the **200m race**, where our students demonstrated both speed and strategy. The athletes paced themselves skillfully around the curve, powering through the straight with unwavering determination. Each race brought its own surprises, and the supportive cheers from peers and teachers filled the air.

The Sports Day concluded with the exhilarating **4x400m relay race**, where teamwork took center stage. Teams of four represented each grade, passing the baton with coordination and efficiency, proving that unity and collaboration are at the heart of true athleticism. The relay races showcased the spirit of camaraderie, with each team striving to support one another and finish strong.

This year's Sports Day track events were truly memorable, not just for the incredible performances but for the shared commitment to sportsmanship expressed in the opening pledge. We extend our congratulations to every participant and thank the teachers and staff who made this day possible.